

INVENTORY YOUR TREASURE

ADJUSTING TO AN EMPTY NEST

"For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do."

Ephesians 2:10

Whether you are looking ahead to the "empty nest" season or have been in it for a while, taking time to reflect and ask the Lord what He has for you next is so worth the effort. That intentionality will allow you to finish this race well and invest in those places that God has already prepared for you.

So grab a pen and a cup of whatever you love and invite the Lord to speak to you in these questions. Remember that He knit you and He knows you. Write down your impressions and see where He leads.

REFLECT

What treasure did you hold in your hands while your kids were at home?

- How have you celebrated that treasure?
- Take some time right now to list those treasures from your last season and thank Jesus for them



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REFLECT

What treasure do you have now that you didn't have 20 years ago or while your kids were at home?

- What new spaces do you see available to you that you didn't have 20 years ago?
- What new skills do you bring that have developed over time?
- In what areas has God grown you in wisdom?

SURRENDER

Ask God to show you what it would look like to invest these treasures vs. spending them (like, just getting through or biding your time) in this next chapter.

- What are you hearing God say as you listen to Him?
- Are there areas of need around you where you feel God's invitation?
- Ask the Lord to show you where He would like you to plant your feet next. Spend some time listening and journaling.



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SCRIPTURE REFLECTION

"I thank my God every time I remember you. In all my prayers for all of you, I always pray with joy because of your partnership in the gospel from the first day until now, being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus."

Philippians 1:3-6

"She gave this name to the Lord who spoke to her: "You are the God who sees me," for she said, "I have now seen[c] the One who sees me."

Genesis 16:13

"From one man he made all the nations, that they should inhabit the whole earth; and he marked out their appointed times in history and the boundaries of their lands. God did this so that they would seek him and perhaps reach out for him and find him, though he is not far from any one of us. 'For in him we live and move and have our being.' As some of your own poets have said, 'We are his offspring.'"

Acts 17:26-28

*"Lord, you alone are my portion and my cup;
you make my lot secure
The boundary lines have fallen for me in pleasant places;
surely I have a delightful inheritance."*

Psalms 16:5-6

